

You Already Know

Not years, but decades after I became a Financial Advisor and owned my own business, I was **still searching for that ONE idea** that would catapult me to extreme success. The answer HAD to be in the stacks of journals I read monthly; or perhaps buried in an email solicitation.

Determined to find that nugget of truth, **I tried** all sorts of leading edge marketing campaigns. I implemented suggestions from seminars, books, and training manuals.

The result?

Tens of thousands of dollars invested with minimal return on investment, and **no reduction in my stress level**. In fact, with every failed idea I fell more perilously toward a major emotional and physical shut down.

I know I'm not alone.

Coaching many other high performing, successful entrepreneurs from a multitude of industries has proved that. You see, we're all susceptible to the **conventional belief that the answers lie outside us**. We've been programmed to buy into the notion that "doing" something will result in an avalanche of achievement.

Yet the most **successful, joyful** people are those who **look within** for their answers. They live their own truth. **They "do", yes. But they "are" first.**

In my coaching experience, nothing has been more gratifying than to **watch people step into their personal power**, trusting in their own knowing, and letting go of the urgent call to do, do, do. **The freedom...the happiness...the fulfillment** they experience is amazing to behold. With it, **accomplishment comes effortlessly**; the need to fight for it, gone.

But getting to this place of inner faith rarely comes easily. We must first

clean house—**eliminating self-sabotaging thoughts and replacing them with positive affirmations.**

- What makes ME unique?
- What special gifts and talents do I have?
- What is my purpose in life?
- How do I know when I am trusting my intuition? How will I do more of this?
- If I could experience life in a way that best supports me, what would it look like?
- How will I FEEL when I am trusting and moving effortlessly through life?
- How badly do I want such an experience?

Once these answers are clear to you, reflect on them again and again.

Making it a daily habit will build your inner faith, strengthen your conviction, and give you a solid base from which to create a **path that is aligned with all you know yourself to be.** Then, when you're tempted to indulge the outer world, simply ask yourself this one powerful question:

"Assuming I already **KNOW** the answer, how shall I proceed?"

You'll see. You KNOW. You really do!

Denise Clelan is a Certified Professional Coach (CPC) and Energy Leadership™ Master Practitioner who is committed to helping successful entrepreneurs experience freedom and fulfillment in every area of life.



Meet her [here](#).

Learn about Denise's transformational coaching programs exclusively for entrepreneurs [here](#).

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